

SEXY Paragraph Structure

S: To improve my fitness over this term, my goal is to improve my endurance.

E: Endurance means improving fitness so that you can exercise over long periods of time.

X: In order to achieve greater endurance, I have completed class activities including running and taking part in fitness games. I have also performed fitness activities at home. After completing these tasks for several weeks, I can run longer distances without feeling tired.

Y: This shows that my endurance has improved as a result of fitness activities. This will also help me improve my social well being as I will now be able to join a sports team.

S: Solar power is an excellent way to power our lifestyles.

E: Solar power is clean and green because the power generated from solar panels does not use unsustainable fuels. It does not pollute our environment. It is sustainable as the sun will probably outlive the human race here on Earth.

X: We use it to power our homes and buildings, and manmade devices. We can use it instead of electricity and other fuels that cause greenhouse gases.

Y: I truly believe that solar power is the right choice to power our homes and cities. It is sustainable and has no negative effects on the environment.

My research proves that bullying is still occurring in schools. Most of the people told me that they have been previously involved in bullying, which means that many NZ schools are unsafe. 87.6% said they had been bullied at school. However, many people have a different understanding of bullying. For instance, many people believe that assault counts as bullying (as in a one-off fight). Overall, my research and survey show that bullying in schools is still happening. We need to continue to stand against bullying, as students still feel unsafe in New Zealand's schools.

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X - However, many people have a different understanding of bullying. For instance, many people believe that assault counts as bullying (as in a one-off fight).

Y - Overall, my research and survey show that bullying in schools is still happening. We need to continue to stand against bullying, as students still feel unsafe in New Zealand's schools.