



PEH NCEA 92017

Subject Reference - Physical Education 1.2

Demonstrate understanding of the application of strategies in movement.

5 Credits

Mā pango, mā whero, ka oti te mahi



Learning Outline



This term, we will be running our learning like an NCEA assessment.

Some of you will be invited to be marked against the NCEA rubric, whereas everyone else will be marked against the MHJC TAAB. We will all complete the same learning and assessment task though.

[2024 Yr 10 two tier NCEA Assessment PEH 1.2 PDF](#)



Learning Timeline



Week 1/2	Introduction to MHJC/NCEA Standard Learning about Kotahitanga Organisation of Sports Education Module - sport, teams, student roles
Week 2/3	Learning about strategies in movement Students deciding on 2 strategies in movement
Week 3/4	Start sports education module
Week 4 - 7	Participate in Sports Education Module <ul style="list-style-type: none">- Students reflecting weekly (x2)- Ongoing feedback as to how going with strategies
Week 8	Complete final reflection for assessment

Sports Education Module



1. Sport we will participate in
2. Sport Rules
3. Teams
4. Team name and roles

Athletes (team members)	<ol style="list-style-type: none">1. Do your Best2. Play Fair and follow the rules3. Listen, Cooperate, Try to learn and improve4. Action the feedback you are given to improve5. Help others and give feedback6. Be inclusive, Cheer on and support others7. Come to class8. Come prepared with PE gear, shoes, water
-------------------------	---

Coach/Assistant Coach	<ol style="list-style-type: none">1. Plans and runs trainings2. Encouraging players3. Teach players how to play4. Teaches and develops everyone's skills5. Analysing the team's strengths and weaknesses
-----------------------	--

Captain	<ol style="list-style-type: none">1. Role Models behavior and attitude2. Ensures everyone plays to the rules/spirit of the game3. Offers advice on disputes when asked4. Encourages others and provides feedback5. Leads the warmup and gets everyone prepared to play
---------	--

Equipment Manager	<ol style="list-style-type: none">6. Makes sure the gear is ready and available7. Set up court for game, and drills for training8. Keeps store room tidy9. Reports damaged/missing equipment
-------------------	---

Referee	<ol style="list-style-type: none">1. Keeps all the players safe2. Makes sure competition is fair3. Knows the rules and helps others to follow the rules4. Teaches those who are unsure of the rules5. Acts impartially and with good spirit
---------	---

Kotahitanga

What is Kotahitanga?

1. (noun) unity, togetherness, solidarity, oneness, collective action.

Kotahitanga is the unity of each team in our sports education module. You want your team to be united to reach a common goal - success!

Each of us will use 2 of the following skills to promote kotahitanga in our team.



Kotahitanga

Oneness, unity, collaboration
and collective action.





Strategies in Movement



You will pick TWO of the below to demonstrate and reflect on.
You will need to pick based on the role you have within your team.

- **Tuākana-Tēina** - A reciprocal learning relationship between an expert and a beginner.
- **Cooperation** - Working together to reach a common goal.
- **Manaakitanga** - The process of showing respect and care, extending aroha to others
- **Rangatiratanga** - Accountability and ownership of actions and decisions
- **Problem Solving** - Finding solutions to a common issue.
- **Ako** - To both teach and learn.
- **Effective Communication** - The process of exchanging ideas and information.
- **Whanaungatanga** - A sense of relationship, connection, belonging, and kinship.



Ongoing Written Reflections



Weekly, you will create written reflections based on your demonstration of your strategies. These reflections will assist you with your final write-up.

Write-ups should at some point include:

*What is Kotahitanga?
How does Kotahitanga relate in your movement context?
Discuss your movement context.*

*How did you demonstrate this strategy? Use very specific and detailed personal examples.
What were the strengths and/or limitations of your demonstration?*

How did your demonstration of your strategy help promote kotahitanga? Talk about strengths/limitations/solutions - overall reflection

Final Reflection - Assessment



You will be provided with the below writing template to complete your assessment.

This will be completed at the end of our Sports Education Module.

PE NCEA 1.2 Writing Template

Use this template to complete your write-up for this standard. Reminder, this needs to be under 800 words.

What is Kotahitanga?
How does Kotahitanga relate in your movement context?
Discuss your movement context.

Discuss your first strategy in relation to your movement context.
How did you demonstrate this strategy? Use very specific and detailed personal examples.
What were the strengths and/or limitations of your demonstration?

Discuss your second strategy in relation to your movement context.
How did you demonstrate this strategy? Use very specific and detailed personal examples.
What were the strengths and/or limitations of your demonstration?

How did your demonstration of your strategy help promote kotahitanga? Talk about strengths/limitations/solutions - overall reflection