## Notes to help you! :)

2- please include the data that you have collected, ideally in a table such as the ones Mr.Fourie had you fill your results in

-make sure your graphs have labels on their x and y axis if that is the type of graph you used, all graphs should have a title

3- your analysis should be at least a paragraph. What type of graph did you use? What were your variables (x and y axis)? What are surface level statements? What stories does your data tell (more in depth statements)?

4- Write a discussion that includes comments on your pre/post fitness levels, also compare your fitness levels with your age group (Use Google to find the information about your age group)

-**Reliability**-also include any disclosures, limitations, and wants for your data. Scientists do this to critique and explain limitations on their work, for example if you have very limited data you may want to point that out and mention for future inquiries more data would make this more reliable

5- a small paragraph summarizing your results, answer your inquiry question

Lesson- draw and label graph