

Achievement Standard: 90968, Version 3

Subject Reference Physical Education 1.7A

3 Credits

Achievement Standard Purpose Statement

This achievement standard involves the student demonstrating and showing understanding of responsible behaviour for safety during outdoor education activities.

Assessment Title: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities.

MHJC Working towards	MHJC At	MHJC Above	MHJC Beyond	
You have attempted to demonstrate responsible behaviour for safety during outdoor education activities. attempted to identify behaviours for safety during outdoor education activities.	You have demonstrated few responsible behaviours for safety during outdoor education activities. identified behaviours for safety during outdoor education activities.	You have: demonstrated some responsible behaviours for safety during outdoor education activities. described behaviours for safety during outdoor education activities.	You have: demonstrated responsible behaviour for safety during outdoor education activities. explained behaviours for safety during outdoor education activities.	
		NCEA Achieved	NCEA Achievement with Merit	NCEA Achievement with Excellence
		Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities.	Demonstrate, and show in-depth understanding of, responsible behaviour for safety during outdoor education activities.	Demonstrate, and show comprehensive understanding of, responsible behaviour for safety during outdoor education activities.

This assessment is due: Term 2 Week 9 (Friday, June 23rd, 2023) - 10:35am

ASSESSMENT CONDITIONS

In- class/out of class time allowed:

The assessment will be handed out to you in Term 2 Week 4. You will be given a number of practical sessions in Physical Education to demonstrate your responsible behaviours for safety and to understand them.

KEY ASSESSMENT PROCEDURES

Authenticity

All students will sign an authenticity declaration.

Missed Assessment

(a) Students who are absent from an assessment must provide a signed absence note, giving a reason for their absence, on their return to school. This should be brought to Reception copied, and the copy forwarded to the NZQA Liaison teacher by reception. The original should be given to your DP.

(b) Approval will be given for sickness, bereavement, serious family reason or on other compassionate grounds. Prior approval should be sought for sporting and cultural representation using the Missed Assessment Opportunity form on MHO. Student's should not be penalised when they are representing the school in a school sanctioned event. Family holidays are not normally considered a reason for missing an assessment or assignment deadline.

Lateness

(a) Work is to be handed in on the due date, in the timetabled period for that class, or prior to that date.

- (b) If a student is absent on the due date work can be delivered to reception.
- (c) Late work may not be assessed, but students will be eligible for the normal reassessment for that task.

Situation/Setting/Context

During this term, your learning context will be "Chain reaction". To explore this context we will be looking at responsible behaviours and how these can affect different reactions and outcomes. Our focus will be on displaying these responsible behaviours in different outdoor situations such as whitewater rafting. During class time, you will have opportunities to learn about different responsible behaviours for safety that are required in outdoor education activities. You will have many opportunities to demonstrate these behaviours during practical sessions. Knowledge about these safety behaviours will be gained through classroom and practical sessions. You will then take your gained knowledge and demonstrate your key responsible behaviours for safety in 2 outdoor education activities off school site. You will be assessed on how well you demonstrate these responsible behaviours for safety and how well you can understand these responsible behaviours for safety.

Task Instructions

You will be introduced to the following responsible behaviours for safety:

- cooperation with others
- self-management
- compliance with instructions
- care of equipment
- appropriate communication
- teamwork
- assisting and supporting others
- tolerance
- conflict resolution

From the above list, you will have to demonstrate 4 of these during the practical sessions. And have a clear understanding of them.

Success criteria: You must....

- demonstrate 4 of the responsible behaviours for safety throughout practical sessions
- demonstrate these 4 responsible behaviours for safety at the appropriate time during these practical sessions
- be able to explain your understanding of these responsible behaviours for safety during outdoor education activities

Recommended Sources: (if appropriate – could be MHOL references/websites or books)

Students will be able to find all the resources they require on MHOL

Assessment Schedule – MHJC Physical Education Assessment: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities

Task	Working Towards	AT	ABOVE	BEYOND
TASK 1	You will:	You will:	You will:	You will:
Demonstrati ng	Criteria from WAME	Criteria from WAME	Criteria from WAME	Criteria from WAME
responsible behaviour for safety	Attempt to demonstrate responsible behaviour for safety during outdoor education activities.	Demonstrate few responsible behaviours for safety during outdoor education activities.	Demonstrate some responsible behaviours for safety during outdoor education activities.	Demonstrate responsible behaviour for safety during outdoor education activities.
	These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution.	These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution.	These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution.	These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution.
	The student attempted to demonstrate responsible behaviours for safety during	The student demonstrated few responsible behaviours for safety during outdoor	The student demonstrated some responsible behaviours for safety during outdoor	The student demonstrated responsible behaviours for safety during outdoor education activities.

	outdoor education activities. Evidence provided by teacher observation and judgement.	education activities. Evidence provided by teacher observation and judgement.	education activities. Evidence provided by teacher observation and judgement.	Evidence provided by teacher observation and judgement.
TASK 2 Explaining your	You will: 2 nd Criteria	You will: 2 nd Criteria	You will: 2 nd Criteria	You will: 2 nd Criteria
understandi ng of the responsible behaviours	attempt to identify behaviours for safety during outdoor education activities.	identify some behaviours for safety during outdoor education activities.	identify most behaviours for safety during outdoor education activities.	describe behaviours for safety during outdoor education activities.
for safety during outdoor education activities.	Example of what this may look like or details/example of what this might entail:	Example of what this may look like or details/example of what this might entail:	Example of what this may look like or details/example of what this might entail:	Example of what this may look like or details/example of what this might entail:
	Self-reflection interview does not identify behaviours they have demonstrated for safety and the influence it had on safety	Self-reflection interview identifies some behaviours they have demonstrated for safety and the influence it had on safety	Self-reflection interview identifies most behaviours they have demonstrated for safety and the influence it had on safety	Self-reflection interview describes how and why they have demonstrated that behaviour for safety and the influence it had on safety

Assessment Schedule – NCEA Achievement Standard 1.7: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities

Task	Evidence towards Achieved	Evidence towards Merit	Evidence towards Excellence
TASK 1	The student:	The student:	The student:
Demonstrating responsible	Criteria from Standard	Criteria from Standard	Criteria from Standard
behaviour for safety	demonstrates responsible behaviour for safety during outdoor education activities.	demonstrates responsible behaviour for safety during outdoor education activities.	demonstrates responsible behaviour for safety during outdoor education activities.
	Example of what this may look like or	Example of what this may look like or	Example of what this may look like or
	details/example of what this might	details/example of what this might	details/example of what this might
	entail:	entail:	entail:
	the student demonstrates	the student demonstrates these	the student demonstrates these
	these responsible behaviours	responsible behaviours for	responsible behaviours for
	for safety during outdoor	safety during outdoor	safety during outdoor
	education activities. Evidence	education activities. Evidence	education activities. Evidence
	provided by teacher	provided by teacher	provided by teacher
	observation and judgement.	observation and judgement.	observation and judgement.
	Over the unit of work, the	Over the unit of work, the	Over the unit of work, the
	student demonstrates at least	student demonstrates at least	student demonstrates at least
	four responsible behaviours for	four responsible behaviours for	four responsible behaviours for
	safety. These may include:	safety. These may include:	safety. These may include:
	cooperation with others	cooperation with others	cooperation with others
	self-management	self-management	self-management
	compliance with instructions	compliance with instructions	compliance with instructions
	care of equipment	care of equipment	care of equipment

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	appropriate communication	appropriate communication	appropriate communication
	teamwork	teamwork	teamwork
	assisting and supporting others	assisting and supporting others	assisting and supporting others
	tolerance	tolerance	tolerance
	conflict resolution	conflict resolution	conflict resolution
TASK 2	The student:	The student:	The student:
Explaining your	2 nd Criteria	2 nd Criteria	2 nd Criteria
understanding of			
the responsible	showed understanding of responsible	showed in-depth understanding of	showed comprehensive understanding of
behaviours for safety during	behaviour for safety during outdoor	responsible behaviour for safety during	responsible behaviour for safety during
outdoor	education activities.	outdoor education activities.	outdoor education activities.
education			
activities.	Example of what this may look like or	Example of what this may look like or	Example of what this may look like or
	details/example of what this might	details/example of what this might	details/example of what this might
	entail:	entail:	entail:
	The student shows understanding of their responsible behaviour for safety in outdoor education activities by describing them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews.	The student shows in-depth understanding of their responsible behaviour for safety in outdoor education activities by explaining them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews.	The student shows comprehensive understanding of their responsible behaviour for safety in outdoor education activities by evaluating them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews.

Example: Rock climbing	Example: Rock climbing	
In rock climbing I used my	I used common sense to keep	Examp
common sense to keep safe,	safe, for example, not	l used
like not distracting other	distracting other people when	safe, fo
people when they were	they were climbing and not	distrac
climbing and not making any	making any sudden	they w
sudden movements. I also	movements. I followed	making
followed the instructions our	instructions by concentrating	conce
teacher gave. I did this by	when the teacher was talking	teach
listening and concentrating	and making sure I did the	sure I c
when the teacher was talking	things she told us to. One	to. An
and making sure I did the	example is the teacher saying	the be
things she told us to.	that we were not allowed to	climbe
	climb until our belayer was	begin.
	ready. The belayer had to call	when
	out to let the climber know	l listene
	when it was safe to start. I	out be
	made sure I did this when I was	started
	belaying and also made sure I	belaye
	listened for the belayer to call	fallen
	out before I climbed. Because	the pe
	of this, no one got hurt or	impac
	injured. I think good	behav
	communication can help	physic
	people keep safe.	other p
		emotio
		the be
		on tho

Example: Rock climbing

d common sense to keep for example, not acting other people when were climbing and not ng sudden movements. I centrated when the her was talking and made did the things she told us n example was waiting for pelayer to call out to let the per know it was safe to n. I made sure I did this n I was belaying and when ned for the belayer to call pefore I climbed. If I had ed to climb without my yer knowing, I might have and hurt myself or hurt people around me. The act of my responsible aviour was to ensure ical safety for me and people. I also felt tionally safe as I knew that pelayer was concentrating on their job because I had

	listened for their reply before
	starting to climb. This increased
	my confidence and reduced
	my anxiety when climbing
	which made it easier to focus
	on climbing steadily and made
	me less anxious if I fell, knowing
	that my belayer was focussing
	on their job. If I participate in
	any outdoor activities again, I
	will make sure that I understand
	the instructions and follow
	them. I will also use my
	communication skills. This way, I
	can help keep myself and
	others safe.