

Year 8 PEH Mountains Term 3 - Power Rangers - Student Copy

Our context during term 3 has been focusing on “POWER RANGERS”. For Physical Education, we will be talking about what you have learned in Science (kinetic energy, action/reaction etc) and applying it in a practical sense through the sport of netball. We will discuss the links of powerful movements, powerful passing etc and its relationship to our context.

This assessment has two components:

- 1.) You will have time in practical physical education sessions, to be taught and develop movement skills in netball (passing & catching, moving into spaces, intercepting etc). You will then be assessed on your development of these skills, during the last 3 weeks of Term 3 during practical sessions.
- 2.) The second component of this assessment will be written. Here, you will show your understanding of how action/reaction influences someone’s participation in netball. You will do this by answering the questions below during an in-class theory session towards the end of the term. Questions are below . . .
 - What does action/reaction mean within a sport?
 - How does action/reaction affect the flow of a game of netball?
 - How did your ability to demonstrate action/reaction affect your participation in the sport of netball this term?

Answer each question in a paragraph form using the SEXY model taught in English.

	Working Towards	At	Above	Beyond
Movement Skills In Netball	<ul style="list-style-type: none">● You have developed movement skills within the sport	<ul style="list-style-type: none">● You have demonstrated control of movement skills	<ul style="list-style-type: none">● You have performed consistent control of movement skills within the sport of netball	<ul style="list-style-type: none">● You have acquired and applied complex motor skills within the sport of netball

	of netball	within the sport of netball		
Action/Reaction Understanding	<ul style="list-style-type: none"> You have identified how your body responds to during netball by showing a limited understanding of action/reaction. 	<ul style="list-style-type: none"> You have some understanding of how action/reaction influences people's participation in netball 	<ul style="list-style-type: none"> You have an understanding of how action/reaction influences people's participation in netball 	<ul style="list-style-type: none"> You have explained how action/reaction influences people's participation in netball.
Accuracy in Writing	<ul style="list-style-type: none"> You have used a range of punctuation accurately most of the time. These are intrusive at times, but reader can infer meaning. 	<ul style="list-style-type: none"> You have made some errors, but minimal reader inference is needed as meaning is mostly clear 	<ul style="list-style-type: none"> You have carefully edited your writing to ensure you have few intrusive errors and meaning is consistently clear 	<ul style="list-style-type: none"> You have carefully edited your writing to ensure you have no intrusive errors and meaning is consistently clear
Time Management	You did not submit your assessment by the due date.	You did not submit your assessment by the due date.	You have submitted your assessment by the due date.	You have submitted your assessment by the due date.
Overall	Working Towards	At	Above	Beyond