

## Week 2 Lesson 1

### Teenagers and PEER PRESSURE



#### Success Criteria

Students will gain insight into the process of peer pressure and gain a deeper understanding of how susceptible they are to peer influence in comparison to their classmates by analyzing how they would react to specific scenarios.

Who is most prone to peer pressure? In a Temple University study addressing the relationship between age and resistance to peer pressure, researchers found that children are the most vulnerable to peer pressure between the ages of 10 and 14.

How prone are you to peer pressure?

Go to [https://teens.lovetoknow.com/Peer Pressure Quiz~0?result](https://teens.lovetoknow.com/Peer_Pressure_Quiz~0?result)

And take the Peer Pressure Quiz. Once you have finished, write down your score and the report summary into your Red Books.

Score \_\_\_\_\_

Summary

**Group work:** Break up into groups of 3 to 5 and discuss your test scores and how susceptible you think you are to peer pressure.

**Class Discussion – we will hear from each table:**

Once you have finished discussing, we will hear from students at each table as to how strong peer pressure can be.

Students will be encouraged to share their stories of when they were influenced to something that they did not want to do, but were driven by peer influence.

**Homework**

Complete today's tasks and make sure your **Red Book** is up to date.

## Week 2 Lesson 2:

# Teen Brain



**Task 1:** Watch the video clip, 'The Teen Brain Explained.'  
<https://www.youtube.com/watch?v=hiduiTq1ei8> (10:06 Sec.)

After watching the video, answer the following questions:

1. How are teens affected by hormones?
2. Why do teens have more trouble sleeping than adults?
3. What specific part of the teenage brain is believed to play a major part in their risky behaviour?
4. Why are teens more prone to frequent mood swings?
5. Why are teens more prone to becoming addicted to drugs compared to adults?

**Task 2:** What do you think is the number one cause of death for teenagers? What are they most at risk of dying from? The answer may surprise you. Motor vehicle fatality is the leading cause of accident death among teenagers, representing over one-third of all deaths.

Read the 'Science News for Kids' article – 'Here's what puts teen drivers at greatest risk of a crash' at: <https://www.sciencenewsforstudents.org/article/heres-what-puts-teen-drivers-greatest-risk-crash>

Write down at least 4 dot-points under each of the following headings –

**A. Eyes on the App**

**B. It's Not Just Texting**

**C. Who is Most Likely to Drive Distracted?**

**D. Driving Safely with Friends**

**Class Discussion:** What information surprised you the most? Do you think you are at high risk for an accident once you start driving? Why? Why not?

**Homework**

Complete today's tasks and make sure your **Red Book** is up to date.

## Week 2 Lesson 3

### Current Event Analysis Week 2 'Eurasian Fluff' – The Nadia Lim Controversy



**Nadia Lim is a famous Kiwi Chef and TV personality and the founder of a New Zealand home food service that delivers recipes and ingredients to customer's houses around the country. Recently the head of a Kiwi company who is male, made fun of her body and her Malaysian-Chinese ethnicity in criticizing her. This resulted in many Kiwis including Prime Minister Jacinta Ardern to come out and support Lim and label the comments as inappropriate.**

**Task #1:** In your **Red Books**, write out the questions and responses to the following questions. **DO NOT** watch the video or read the article **UNTIL** you have written out the questions and completed the definition for questions 1 and 2.

1. Look up the word 'sexist' and write down the definition.
2. Write down the word 'misogynistic' and give the definition.
3. Write down the definition of 'belittle.'
4. Write out the following definition of Eurasian: A person who is of mixed European and Asian ancestry.
5. Write a newspaper opinion column about this case. In your column you will address 3 things: a) in your own words, write a summary of the event. What did Mr. Henry say, b) Explain why his remarks were considered to be offensive; and c) Defend Nadia Lim – why is it inappropriate to refer to her body and her Malaysian-Chinese ethnicity.

**Task 2: Watch the video** – 'Damaging': Nadia Lim addresses 'misogynistic, sexist' comments directed at her by rich-lister at: [https://www.youtube.com/watch?v=iGvT70-s\\_2I](https://www.youtube.com/watch?v=iGvT70-s_2I)

**Optional (meaning you don't have to) – you may find the article below helpful in writing your summary.**

**Task 3:** Read the short article below – by Jamie Ensor, 'Jacinda Ardern calls rich-lister Simon Henry's Nadia Lim comments 'insulting to all women,' Newshub, May 6, 2022.

### **Jacinda Ardern calls rich-lister Simon Henry's Nadia Lim comments 'insulting to all women'**

The Prime Minister has called a rich-lister's controversial comments about businesswoman Nadia Lim "insulting to all women".

Simon Henry, the founder and head of a chemical company has claimed that Kiwi celebrity chef Nadia Lim was using her to use her sexuality to raise interest in the company she founded – My Food Bag after the company did not do so well last year.

"When you've got Nadia Lim, when you've got a little bit of Eurasian fluff in the middle of your prospectus with a blouse unbuttoned showing some cleavage, and that's what it takes to sell your scrip, then you know you're in trouble," said Simon Henry who is worth an estimated \$700 million dollars.

The remarks have been widely condemned.

Prime Minister Jacinda Ardern has added her voice to the chorus of criticism when asked what she, as a female leader, thought of Henry's comments.

"When I saw those comments, not only does that do a complete disservice to Nadia herself, but I imagine it would have been insulting to all women. The success of Nadia Lim speaks for itself," she said.

Limn told AM on Thursday she was saddened by Henry's comments and the potential effect it may have on other Asian women in business.

"I'm a tough cookie. I have had enough years and support to become resilient and confident. My big issue with it is, it saddens me how other people and women and women of colour and ethnic backgrounds might see themselves in those comments and how they would feel hurt," Lim said on Thursday.

"I had the chance to reflect on these comments when I caught my flight from Christchurch back down home to Queenstown yesterday and my air host was this lovely, awesome Eurasian girl who was quite a bit younger than me and clearly of Asian descent.

"I smiled at her and she smiled back and then it hit me like I wonder what she thinks when she reads comments like this or hears things like that."

National deputy leader Nicola Willis, who has held senior commercial roles, such as at Fonterra, told Newshub that Lim should be proud of her achievements.

"The belittling of her on the basis of her looks and clothes is pathetic. What a completely outdated worldview. Those sorts of remarks are completely out of step with the attitudes I would expect to see in a modern thriving Kiwi business. I think the remarks say a lot more about the person making them than the person they were targeted at."