

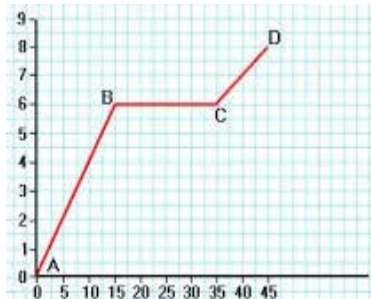
What are the standard units for distance, time and velocity?

What is 92700 m in km? _____ km

What is 2 and a half hours in minutes? _____ mins

What is 50kmh^{-1} in ms^{-1} ? _____ ms^{-1}

Explain the journey in the Distance time graph:



A-B:

B-C:

C-D:

Draw acceleration on the graph above.

Use $v=d/t$ to calculate speed, time and distance

A car travels 12m in 3 seconds, what is the speed?

A man runs for 30s at 2ms^{-1} , what is his distance?

A duck swims for 100m at 10ms^{-1} , what is its time?

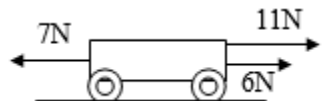
Label the four forces acting on a moving runner



Explain balanced and unbalanced forces.

When forces are **balanced** on an object it is either stationary or moving at a constant speed. Its net force is _____.

When forces are **unbalanced** an object is accelerating or decelerating.



Net Force:

Direction:

Use $F=ma$ to calculate force, mass and acceleration

Plane has a thrust of 30,000 N, and a mass of 2500kg. What is its acceleration?

A car is accelerating at 40ms^{-2} , with the thrust of 1600N. What is its mass?

A 0.6kg ball is kicked at an acceleration of 9ms^{-1} . What is the force?

What is the equation for Force?

**May the mass _____ times
a _____ be with you.**

Use $W=Fd$ to calculate Work done, force and distance.

A man lifts his 35kg sheep up 0.7m out of a stream. Calculate the work done.

What is the rule of "Conservation of Energy"?

Calculate Kinetic energy using $E_k = \frac{1}{2}mv^2$ and potential using $E_p = mgh$ ($g=10\text{ms}^{-2}$)

Calculate the kinetic energy a ball dropping at a speed of 14ms^{-1} that is 0.6kgs.

Why is no work done when the distance is 0m?

Why doesn't E_p always fully equal E_k ? (hint: waste)

Calculate the height the ball was dropped at (if there is no waste energy) (hint: $E_p=E_k$)

What are the standard units for distance, time and velocity?

What is 92700 m in km? 92.7 km

$92700/1000m = 92.7$

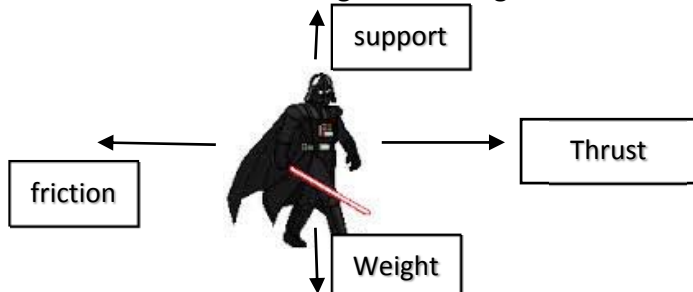
What is 2 and a half hours in minutes? 150 mins

$2.5 \times 60minutes = 150minutes$

What is $50kmh^{-1}$ in ms^{-1} ? 13.9 ms^{-1}

$50/3.6 = 13.9 ms^{-1}$

Label the four forces acting on a moving runner



What is the equation for Force?

May the mass times acceleration be with you.

Use $W=Fd$ to calculate Work done, force and distance.

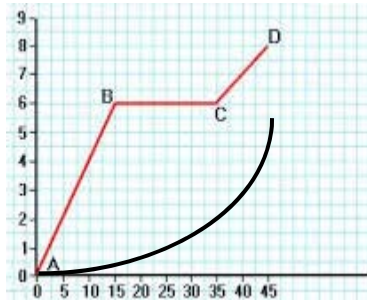
A man lifts his 35kg sheep up 0.7m out of a stream. Calculate the work done. (hint: acceleration down)

$F = ma$	$W = Fd$
a is gravity down ($10ms^{-2}$)	$W = 350N \times 0.7m$
$F = 35kg \times 10ms^{-2}$	$W = 245$ Joules
$F = 350N$	

Why is no work done when the distance is 0m?

Work done is Force on a distance. If distance = 0 then $W = F \times 0$. Anything times zero is zero, therefore $W = 0$.

Explain the journey in the Distance time graph:



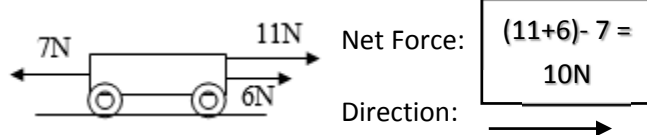
- A-B: Constant velocity
- B-C: Stationary
- C-D: Slower Constant velocity

Draw acceleration on the graph above.

Explain balanced and unbalanced forces.

When forces are **balanced** on an object it is either stationary or moving at a Constant speed. It's net force is zero.

When forces are **unbalanced** an object is accelerating or decelerating.



What is the rule of "Conservation of Energy"?

Energy is neither created nor destroyed, only transformed from one form to another.

Why doesn't Ep always fully equal Ek? (hint: waste)

There is normally **waste energy**. E.g. if you are standing on top of a table (E_p), and then jump down (E_k), when you are falling there is friction so that transforms some of the kinetic to **heat energy**, and when you land you'll make a thud so that's **sound energy**.

Use $v=d/t$ to calculate speed, time and distance

A car travels 12m in 3 seconds, what is the speed?

$v = d/t = 12/3 = 4ms^{-1}$

A man runs for 30s at $2ms^{-1}$, what is his distance?

$d = v \times t = 2 \times 30 = 60m$

A duck swims for 100m at $10ms^{-1}$, what is its time?

$t = d/v = 100/10 = 10s$

Use $F=ma$ to calculate force, mass and acceleration

Plane has a thrust of 30,000 N, and a mass of 2500kg. What is its acceleration?

$a = F/m = 30000/2500 = 12ms^{-2}$

A car is accelerating at $40ms^{-2}$, with the thrust of 1600N. What is its mass?

$m = F/a = 1600/40 = 40kg$

A 0.6kg ball is kicked at an acceleration of $9ms^{-1}$. What is the force?

$F = ma = 0.6 \times 9 = 5.4N$

Calculate Kinetic energy using $E_k = \frac{1}{2}mv^2$ and potential using $E_p = mgh$ ($g=10ms^{-2}$)

Calculate the kinetic energy that a ball dropping at a speed of $14ms^{-1}$ that is 0.6kg has.

$E_k = \frac{1}{2}mv^2 = \frac{1}{2} \times 0.6 \times 14^2 = 58.8$ Joules

Calculate the height the ball was dropped at (if there is no waste energy) (hint: $E_p = E_k$)

$E_k = 58.8$ Joules. $E_p = E_k$ therefore **$E_p = 58.8J$**
 $58.8 = mgh$
 $58.8 = 0.6 \times 10 \times h$
 $58.8 = 6 \times h$
 $58.8/6 = h$
 $h = 9.8$ m