



Week 3 – The Week of August 9 to August 15, 2021

Week 3, Lesson 1: Students will finish their class presentations.

Week 3, Lesson 2 – How the Spanish Spread Chocolate Around the World

Success Criteria

Students will gain a thorough understanding of the history behind the cacao bean and how chocolate has changed over the years. They will also learn how the Spanish Empire controlled the production of cacao beans around the world.

Resource: History of Chocolate Powerpoint

Task 1: Open the Powerpoint on the History of Chocolate (named 'History of Chocolate PPT'). Watch the video first, then write down the key information from the slides into your books. We will likely watch the video together as a class.

Week 3, Lesson 3 – Current Event on Food in the News

Read the article titled 'Kids and Sports Drinks.'

<https://foodandhealth.com/news-kids-and-sports-drinks/>

Answer the following questions:

1. Are kids consuming more sports drinks or less?
2. What does Russ Ladwa think about kids and sports drinks?
3. Who were sports drinks first made for?
4. What percentage of kids consume sports drinks?
5. How much sugar should the average person eat in one day?
6. How much sugar is in one bottle of a typical sports drink?
7. Look at the orange 'Sugar Math' Chart. What is the key message?
8. Have a look in packaged items you may have in your bag that you brought to school for lunch. Look at the label. How many grams of sugar are listed?
9. Write a one paragraph summary of the article.

