

Focus Friday: Here's an overview of what to do...

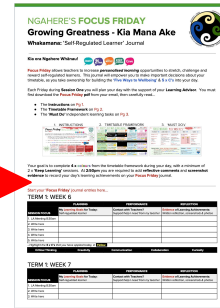
Term 1: **Week 7**



'Ngahere Aroha'

Forest Whānau staff wish to thank you for a GREAT 'Focus Friday' effort last week! This week you will continue to make **important decisions** about your **Curriculum Timetable** & take ownership for building the '**Five Ways to Wellbeing**' into your day.

- Remember, it is your responsibility to plan your day in your **Focus Friday Journal** during Session One's **LA Meeting**. Our timetable guide is on Pg 2 and compulsory '**Must Do!**' learning tasks on Pg 3. You must aim to complete **4 x colours** during your day, with a minimum of 2 x '**Keep Learning**' sessions.
- Spend **10 minutes** updating your **Focus Friday Journal** at **2:50pm**. This is located on your **LA's Google Classroom page**.
- Click to learn how to **locate & share** your '**Great Learner Evidence Website**'. You are then ready to start adding evidence of your '**Values in Action**' **to your website**.



YR 7'S & NEW STUDENTS - ADD EVIDENCE TO **STAGE ONE** OF YOUR 'GREAT LEARNER EVIDENCE WEBSITE'

CHOOSE 2 TO ADD
TO YOUR WEBSITE

Stage 1: Lifelong Learner 'Wānanga' Active Learner

- "I know what I am learning & why."

Record a 'screencastify' clip to share your understanding of how your class learning tasks link to the wider Term 1 context.
eg. 'Turangawaewae' - Our Place!
Add this to your evidence website.

Stage 1: Lifelong Learner 'Wānanga' Active Assessor

- "I can identify Learning Intentions & Success Criteria."

Do you read **Learning Intentions & Success Criteria** so you are clear about what is being learnt?
Take a screenshot of LI/SC & write bullet points on your website about how they help you.

Stage 1: Integrity 'Pono' Digital Citizenship

- "I understand my rights & responsibilities when online."

Take a **screenshot** as evidence of your participation in '**Google Meet**' lessons with your mic & camera on + another screenshot to show you have passed your **5 x Interland Certificates**.

Stage 1: Integrity 'Pono' Hauora

- "I understand how my choices impact my Hauora/well-being."

Does your **Distance Learning Journal** or **Focus Friday Journal** show your planning of the '**5 Ways to Wellbeing**'? If so, identify how this has positively impacted your Hauora/well-being.

Stage 1: Compassion 'Awhinatanga' Culturally Connected

- "I have experienced Te Reo, Ti Kanga Māori & the Māori world view activities."

Record yourself performing your self-introduction **Pepaha**. You can do this as a part of your **SLG** or as preparation for your **Maras Trip**.

Our best wishes for your 'Focus Friday' - Forest Whanau Staff 🧐

Continued on next page...


24 x 'SEE READERS' DUE
SUNDAY 21ST MARCH

FOREST'S FIVE WAYS TO WELLBEING:

You must fill in your
LA's Journal at 2:50pm
each day

Term 1: **Week 7**

Use this framework to help personalise
your 'Focus Friday' timetable...


<p>CONNECT</p> <p>TALK & LISTEN, BE THERE, FEEL CONNECTED</p> <h2>'CONNECT'</h2> <p>Strong Relationships</p>	<p>8:30-9:30am: 'Learning Advisor' Foster a strong learning relationship with your LA. Plan Your Day! In your 'Focus Friday Journal'...</p>	<p>Check Pg 3 to see whether your name is recorded to attend any compulsory 'Tutorial' sessions.</p> 	<p>Following LA time . . . 7F1 - Go to F1 7F2 - Go to F2 8F1 - Go to F3 8F2 - Go to F5</p> <p>Once 'Focus Friday' Journals are checked, start your Self-Directed tasks.</p>	<p>Give</p> <p>Your time, your words, your presence</p> <h2>'GIVE'</h2> <p>Acts of Kindness</p>	<p>8:30-9:30am: 'LA Time' Plan acts of kindness during LA time. Support others by sharing kind words, expert help or your time.</p>
<p>KEEP LEARNING</p> <p>EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF</p> <h2>'KEEP LEARNING'</h2> <p>Stimulate the Brain</p>	<p>9:35-10:35am: 'Self-Directed' Sharpening our reading & maths skills... Reading Plus: 24 x SR's Maths Buddy: All Tasks BTA & ALI = supervising</p>	<p>9:35-10:35am: 'Tutorial' Sharpening my numeracy skills... MKI = 7F2 in F6 MPH = Yr 8's in LCW</p> 		<p>9:35-10:35am: 'Tutorial' Sharpening my literacy skills... RLA = 'Howick RSA ANZAC Poetry Competition' (or Essay Writing) in the LCW</p>	<p>★ By invitation only. Refer to the list of tutorial attendees on Page 3.</p> 
<p>TAKE NOTICE</p> <p>REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY</p> <h2>'TAKE NOTICE'</h2> <p>Enjoy the Present Moment</p>	<p>11-12:00pm: 'Passions Breakout' Enjoy the things that bring you joy... 'DRAMA' EST (Strictly limited numbers) Dance Studio</p> 	<p>11-12:00pm: 'Passions Breakout' Enjoy the things that bring you joy... 'MUSIC' RPI See Miss Young in LA time if you wish to join. Invite Only.</p> 	<p>11-12:00pm: 'GATE Breakout' Enjoy the things that bring you joy... 'SCIENCE FAIR' for those who wish to enter the school competition. MKI in F11</p>	<p>11-12:00pm: 'GATE Breakout' Enjoy the things that bring you joy... 'CREATIVE WRITING' Have fun while developing your writing skills. JCL in F10</p>	<p>11-12:00pm: 'Passions Breakout' Enjoy the things that bring you joy... 'PASSIONS PROJECT' Plan your personal inquiry. HTI in F10</p>
<p>KEEP LEARNING</p> <p>EMBRACE NEW EXPERIENCES, SEE OPPORTUNITIES, SURPRISE YOURSELF</p> <h2>'KEEP LEARNING'</h2> <p>Stimulate the Brain</p>	<p>12:05-1:05pm: 'Self-Directed' Sharpening our curriculum skills... 'Must Do' Activities: Complete your compulsory tasks on Pg 3. HTI & DNU</p>	<p>12:05-1:05pm: 'Tutorial' Sharpening my numeracy skills... MPH = Yr 8's in LCW</p> 	<p>12:05-1:05pm: 'Tutorial' Sharpening my literacy skills... NIS = Yr 8's in FS</p> 	<p>12:05-1:05pm: 'Tutorial' Sharpening my ICAS skills... ALI = GATE tutorial. GATE Competitions & ICAS Exams preparation in LCW</p>	
<p>BE ACTIVE</p> <p>DO WHAT YOU CAN, ENJOY WHAT YOU DO, MOVE YOUR BODY</p> <h2>'BE ACTIVE'</h2> <p>Increase Well-being</p>	<p>2:00-3:00pm: 'Get Moving!' Be Active... (Self directed). Practice the haka with an Expert Buddy. MKI in F10</p>  <p>7qybtal</p>	<p>2:00-3:00pm: 'Get Moving!' Be Active... 'Striking & Fielding' DNU in F9</p> 	<p>2:00-3:00pm: 'Get Moving!' Be Active... 'LET'S GET BIKING!' OYO in Cafe</p> 	<p>2:00-3:00pm: 'Get Moving!' Be Active... 'ACTIVE MINDFULNESS' ALI in FS</p> 	<p>2:00-3:00pm: 'Get Moving!' Be Active... 'Net Games' HTI in F8</p> 

LCW = Report to the Lower Central Whānau area.

FOREST WHANAU: YR 7 'MUST DO'S!'

You must fill in your
LJ's Journal at 2:45pm
each day

Term 1: Week 7

PE & HEALTH - OYO	GLOBAL STUDIES - LDO	ENGLISH - JCL	MATHS - ALI/MKI	SCIENCE - IBR
<p>No 'Must Do's' this week.</p> 	<p>No 'Must Do's' this week.</p> <p>Must attend 'Numeracy Breakout' during Session 2 in F3: 7F2 - Avril, Trishala, Simon, Alice, Liam, Manleen, Ahaan, Gia</p>	<p>7F2: Language Features</p> <ul style="list-style-type: none"> • Education Perfect task • Scavenger hunt on Google Classroom • Novel reading/tracking <p>Digital Platforms: Complete 8x 'ticks' on Reading Plus</p>	<p>Learning Intentions: WALT</p> <ul style="list-style-type: none"> • Creating equivalent fractions & simplifying fractions. <p>Activity Instructions:</p> <ol style="list-style-type: none"> 1. Go to your class Maths Course page on MH Online. 2. In your class exercise book, complete Week 7's 3rd 'Numeracy Ninja' Task then AWS Task 30 Level 5, Numbers 1 to 56. We started this in class on Thursday. <p>Links: Please practice your timetables https://ludi.nz/</p> <p>Further Learning: Complete all assigned & outstanding Maths Buddy tasks</p>	<p>Digital Platforms: Complete all assigned & outstanding Education Perfect tasks</p>

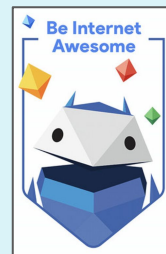
LEARNING ADVISOR - JOURNAL, REFLECTIONS & EVIDENCE WEBSITE

1. Spend **10 minutes** updating your '**Focus Friday**' Journal at **2:50pm** every day. This is located on your Learning Advisor's **Google Classroom** page ('Focus Friday' folder).
2. Please ensure you have completed your **SMART goal** paragraph & **SLC Reflection** onto our **Whanau21** page of MH Online.
3. Add 2 pieces of evidence to your '**Great Learner Evidence Website**'. Here's our [short video](#) reminder of how to do this....

ELEARNING - ePASSPORT

Click on the **eLearning** tab of your class **Google Classroom** page.

Complete the five **Interland certificates** - go to **Page 4** of this doc for instructions...



2021 ePassport Activities



You can start our ePassport by setting up your own 2021 subject folders on your MHJC **Google Drive**. Please name an extra folder **ePassport Evidence**.

You can play **Interland Online Games** to start earning your five **cybersafety certificates**.


Remember to take screenshots of any **Interland certificates** you earn.

File these screenshots in a folder on **Google Drive** called **ePassport Evidence**.

You can start locating & taking screenshots of evidence for any level of this rubric...

We have already collected your signed **CyberSafety form** during your 'Admin Day' visit.



	Bronze	Silver	Gold	Platinum
Organisation	Created Google Drive class folders for the current year	Google Drive is kept tidy over a year; files are named and organised into each class folder	Google Drive is kept tidy over 2 years; files are named and organised into each class folder, including archiving previous years' files	Demonstrated the knowledge of using Google Takeout to pack up personal Google Suite content accumulated during the time at MHJC
Cybersafety 	Understood and signed the Cybersafety agreement	Completed Interland, gained all five certificates and have completed the Cybersafety quiz	Consistently adhered to the Cybersafety agreement and the principles learned from Interland for over a year	Role-modelled for others the best practice of Cybersafety and contributed to the overall Cybersafety in the MHJC community
Digital Capability	Shown the ability to navigate Mission Heights Online; e.g. view eReports, course pages, timetable, submit assignment, etc. Shown the ability operate these applications on Google Suite: <ul style="list-style-type: none"> • G-Docs • G-Slides • G-Mail • G-Calendar • Google Classroom 	Shown the ability to operate these applications on Google Suite: <ul style="list-style-type: none"> • G-Sheets • G-Forms • G-Sites • G-Meet 	Shown the confidence to use a wide range of digital tools to create, share and communicate learning	Shown mastery to use a wide range of advanced digital tools to create, share, communicate learning as well as interactive content
Digital Citizenship	Demonstrated the appropriate use of device during learning time; e.g. LineWize usage report	Regularly used school email to communicate with other students and teachers in an appropriate manner	Adopted a balanced approach to screen time and healthy sleep routines	Established a track record of building positive partnerships online, evident through collaborative work and digital communication