

Achievement Standard: 90968, Version 3

Subject Reference Physical Education 1.7A

3 Credits

Achievement Standard Purpose Statement

This achievement standard involves the student demonstrating and showing understanding of responsible behaviour for safety during outdoor education activities.

Assessment Title: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities.

| MHJC Working towards | MHJC At | MHJC Above | MHJC Beyond | |
|---|---|--|--|---|
| You have attempted to demonstrate responsible behaviour for safety during outdoor education activities. attempted to identify behaviours for safety during outdoor education activities. | You have demonstrated few responsible behaviours for safety during outdoor education activities. identified behaviours for safety during outdoor education activities. | You have: demonstrated some responsible behaviours for safety during outdoor education activities. described behaviours for safety during outdoor education activities. | You have: demonstrated responsible behaviour for safety during outdoor education activities. explained behaviours for safety during outdoor education activities. | |
| | | NCEA Achieved | NCEA Achievement with Merit | NCEA Achievement with Excellence |
| | | Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities. | Demonstrate, and show in-depth understanding of, responsible behaviour for safety during outdoor education activities. | Demonstrate, and show comprehensive understanding of, responsible behaviour for safety during outdoor education activities. |

This assessment is due: Friday 16th April at 3pm.

ASSESSMENT CONDITIONS

In- class/out of class time allowed:

The assessment will be handed out to you in Week 7 Term1. You will be given a number of practical sessions in Physical Education to demonstrate your responsible behaviours for safety and to understand them.

KEY ASSESSMENT PROCEDURES

Authenticity

All students will sign an authenticity declaration.

Missed Assessment

(a) Students who are absent from an assessment must provide a signed absence note, giving a reason for their absence, on their return to school. This should be brought to Reception copied, and the copy forwarded to the NZQA Liaison teacher by reception. The original should be given to your DP.

(b) Approval will be given for sickness, bereavement, serious family reason or on other compassionate grounds. Prior approval should be sought for sporting and cultural representation using the Missed Assessment Opportunity form on MHO. Student's should not be penalised when they are representing the school in a school sanctioned event. Family holidays are not normally considered a reason for missing an assessment or assignment deadline.

Lateness

(a) Work is to be handed in on the due date, in the timetabled period for that class, or prior to that date.

- (b) If a student is absent on the due date work can be delivered to reception.
- (c) Late work may not be assessed, but students will be eligible for the normal reassessment for that task.

Situation/Setting/Context

This term in Coast, your context has been iRise. The focus of this has been understanding the skills needed to be a good leader. In Global Studies you have looked at leadership skills or lack thereof, which have led to Human Rights Issues around the world. You have taken these leadership skills and applied them to Physical Education and staying safe in the outdoors. Specifically, you have utilised these skills and adapted them as safety behaviours to maintain physical and emotional safety in outdoor activities. You have completed multiple activities around school to demonstrate these skills. You have also looked at New Zealanders which did/didn't use such skills in their outdoor pursuits and how this altered their safety outcomes. You will participate in Rock Climbing and Rafting outdoor activities as part of this assessment.

Task Instructions

You will be introduced to the following responsible behaviours for safety:

- cooperation with others
- self-management
- compliance with instructions
- care of equipment
- appropriate communication
- teamwork
- assisting and supporting others
- tolerance
- conflict resolution

From the above list, you will have to demonstrate 4 of these during the practical sessions. And have a clear understanding of them.

Success criteria: You must....

- demonstrate 4 of the responsible behaviours for safety throughout practical sessions
- demonstrate these 4 responsible behaviours for safety at the appropriate time during these practical sessions
- be able to explain your understanding of these responsible behaviours for safety during outdoor education activities

Recommended Sources: (if appropriate – could be MHOL references/websites or books)

Students will be able to find all the resources they require on MHOL

Assessment Schedule – MHJC Physical Education Assessment: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities

| Task | Working Towards | AT | ABOVE | BEYOND |
|--|--|--|--|---|
| TASK 1 | You will: | You will: | You will: | You will: |
| Demonstrati ng | Criteria from WAME | Criteria from WAME | Criteria from WAME | Criteria from WAME |
| responsible behaviour for safety | Attempt to demonstrate responsible behaviour for safety during outdoor education activities. | Demonstrate few responsible behaviours for safety during outdoor education activities. | Demonstrate some responsible behaviours for safety during outdoor education activities. | Demonstrate responsible behaviour for safety during outdoor education activities. |
| | These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution. | These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution. | These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution. | These behaviours may include but are not limited too:- cooperation with others, self-management, compliance with instructions, care of equipment, appropriate communication, teamwork, assisting and supporting others, tolerance, conflict resolution. |
| | The student attempted to demonstrate responsible behaviours for safety during | The student demonstrated few responsible behaviours for safety during outdoor | The student demonstrated some responsible behaviours for safety during outdoor | The student demonstrated responsible behaviours for safety during outdoor education activities. |

| | outdoor education activities. Evidence provided by teacher observation and judgement. | education activities. Evidence provided by teacher observation and judgement. | education activities. Evidence provided by teacher observation and judgement. | Evidence provided by teacher observation and judgement. |
|---|--|--|---|--|
| TASK 2 Explaining your | You will: 2 nd Criteria | You will: 2 nd Criteria | You will: 2 nd Criteria | You will: 2 nd Criteria |
| understandi ng of the responsible behaviours | attempt to identify behaviours for safety during outdoor education activities. | identify some behaviours for safety during outdoor education activities. | identify most behaviours for safety during outdoor education activities. | describe behaviours for safety during outdoor education activities. |
| for safety during outdoor education activities. | Example of what this may look like or details/example of what this might entail: | Example of what this may look like or details/example of what this might entail: | Example of what this may look like or details/example of what this might entail: | Example of what this may look like or details/example of what this might entail: |
| | Self-reflection interview does not identify behaviours they have demonstrated for safety and the influence it had on safety | Self-reflection interview identifies some behaviours they have demonstrated for safety and the influence it had on safety | Self-reflection interview identifies most behaviours they have demonstrated for safety and the influence it had on safety | Self-reflection interview describes how and why they have demonstrated that behaviour for safety and the influence it had on safety |

Assessment Schedule – NCEA Achievement Standard 1.7: Demonstrate, and show understanding of, responsible behaviour for safety during outdoor education activities

| Task | Evidence towards Achieved | Evidence towards Merit | Evidence towards Excellence |
|------------------------------|--|--|--|
| TASK 1 | The student: | The student: | The student: |
| Demonstrating responsible | Criteria from Standard | Criteria from Standard | Criteria from Standard |
| behaviour for safety | demonstrates responsible behaviour for safety during outdoor education activities. | demonstrates responsible behaviour for safety during outdoor education activities. | demonstrates responsible behaviour for safety during outdoor education activities. |
| | Example of what this may look like or | Example of what this may look like or | Example of what this may look like or |
| | details/example of what this might entail: | details/example of what this might entail: | details/example of what this might entail: |
| | the student demonstrates these responsible behaviours for safety during outdoor education activities. Evidence provided by teacher observation and judgement. Over the unit of work, the student demonstrates at least four responsible behaviours for safety. These may include: | the student demonstrates these responsible behaviours for safety during outdoor education activities. Evidence provided by teacher observation and judgement. Over the unit of work, the student demonstrates at least four responsible behaviours for safety. These may include: | the student demonstrates these responsible behaviours for safety during outdoor education activities. Evidence provided by teacher observation and judgement. Over the unit of work, the student demonstrates at least four responsible behaviours for safety. These may include: |
| | cooperation with others self-management compliance with instructions care of equipment | cooperation with others self-management compliance with instructions care of equipment | cooperation with others self-management compliance with instructions care of equipment |

| | appropriate communication | appropriate communication | appropriate communication |
|---|--|---|---|
| | teamwork | teamwork | teamwork |
| | assisting and supporting others | assisting and supporting others | assisting and supporting others |
| | tolerance | tolerance | tolerance |
| | conflict resolution | conflict resolution | conflict resolution |
| TASK 2 | The student: | The student: | The student: |
| Explaining your understanding of | 2 nd Criteria | 2 nd Criteria | 2 nd Criteria |
| the responsible behaviours for safety during outdoor | showed understanding of responsible behaviour for safety during outdoor education activities. | showed in-depth understanding of responsible behaviour for safety during outdoor education activities. | showed comprehensive understanding of responsible behaviour for safety during outdoor education activities. |
| education activities. | Example of what this may look like or details/example of what this might entail: | Example of what this may look like or details/example of what this might entail: | Example of what this may look like or details/example of what this might entail: |
| | The student shows understanding of their responsible behaviour for safety in outdoor education activities by describing them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews. | The student shows in-depth understanding of their responsible behaviour for safety in outdoor education activities by explaining them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews. | The student shows comprehensive understanding of their responsible behaviour for safety in outdoor education activities by evaluating them. Evidence is provided by teacher observations, drawing on the student's review of their behaviour. Evidence is provided through student interviews. |

Example: Rock climbing In rock climbing I used my common sense to keep safe, like not distracting other people when they were climbing and not making any sudden movements. I also followed the instructions our teacher gave. I did this by listening and concentrating when the teacher was talking and making sure I did the things she told us to.

Example: Rock climbing

I used common sense to keep safe, for example, not distracting other people when they were climbing and not making any sudden movements. I followed instructions by concentrating when the teacher was talking and making sure I did the things she told us to. One example is the teacher saying that we were not allowed to climb until our belayer was ready. The belayer had to call out to let the climber know when it was safe to start. I made sure I did this when I was belaying and also made sure I listened for the belayer to call out before I climbed. Because of this, no one got hurt or injured. I think good communication can help people keep safe.

Example: Rock climbing

I used common sense to keep safe, for example, not distracting other people when they were climbing and not makina sudden movements. I concentrated when the teacher was talking and made sure I did the things she told us to. An example was waiting for the belayer to call out to let the climber know it was safe to begin. I made sure I did this when I was belaying and when I listened for the belaver to call out before I climbed. If I had started to climb without my belayer knowing, I might have fallen and hurt myself or hurt the people around me. The impact of my responsible behaviour was to ensure physical safety for me and other people. I also felt emotionally safe as I knew that the belayer was concentrating on their job because I had

| | listened for their reply before |
|--|------------------------------------|
| | starting to climb. This increased |
| | my confidence and reduced |
| | my anxiety when climbing |
| | which made it easier to focus |
| | on climbing steadily and made |
| | me less anxious if I fell, knowing |
| | that my belayer was focussing |
| | on their job. If I participate in |
| | any outdoor activities again, I |
| | will make sure that I understand |
| | the instructions and follow |
| | them. I will also use my |
| | communication skills. This way, I |
| | can help keep myself and |
| | others safe. |