

5C3 PEH Assessment – Sports Ed. Interpersonal Skills *(with support 5B2 and key competency)*

Your context this term in Coast has been The ME in Team!

In practical Physical Education, we have looked at a Sports Education Module and how we can work towards running a sporting event on our own. We have looked at what roles are in and around a team in order for them to be successful and what it takes to put on a sporting event. You have also worked individually to demonstrate key interpersonal skills to support relationships in relation to sports.

This assessment will take place over the next few weeks, entirely in class during practical sessions. You will be marked on the following criteria:

1.) Self-Management

This will include being fully prepared for class (PE gear, on-time, listening to your peers, etc.). As we have learned, in order for an event to run smoothly, individuals need to manage themselves and their roles accordingly.

2.) Interpersonal Skills

Each week, you will work towards demonstrating and understanding the following Interpersonal Skills that will assist you in running this Sports Education Module.

- Effective Communication, Cooperation, Supporting/Encouraging Others, Negotiation, Leadership, Fair Play

3.) Positive Attitudes

You will demonstrate a positive attitude in multiple challenging situations - both when organising the events but also while being instructed by one of your peers when it is their turn to run the event.

Assessment Due Date: TBD

	Working Towards	AT	ABOVE	BEYOND
Self-Management	<p>You have:</p> <ul style="list-style-type: none"> • yet to demonstrate self-management in aspects of this Sports Education module 	<p>You have:</p> <ul style="list-style-type: none"> • demonstrated self-management in some aspects of this Sports Education module 	<p>You have:</p> <ul style="list-style-type: none"> • demonstrated self-management in many aspects of this Sports Education module 	<p>You have:</p> <ul style="list-style-type: none"> • demonstrated self-management in all aspects of this Sports Education module
Interpersonal Skills	<ul style="list-style-type: none"> • a limited understanding as to how specific interpersonal skills can support relationships in relation to our Sports Education module 	<ul style="list-style-type: none"> • some understanding as to how specific interpersonal skills can support relationships in relation to our Sports Education module 	<ul style="list-style-type: none"> • an understanding as to how specific interpersonal skills can support relationships in relation to our Sports Education module 	<ul style="list-style-type: none"> • a thorough understanding as to how specific interpersonal skills can support relationships in relation to our Sports Education module
Positive Attitudes	<ul style="list-style-type: none"> • yet to demonstrate a willingness to accept challenges and extend your ability with a positive attitude, throughout our Sports Education module 	<ul style="list-style-type: none"> • demonstrated some willingness to accept challenges and extend your ability with a positive attitude, throughout our Sports Education module 	<ul style="list-style-type: none"> • demonstrated a willingness to accept challenges and extend your ability with a positive attitude, throughout our Sports Education module 	<ul style="list-style-type: none"> • demonstrated a strong willingness to accept challenges and extend your ability with a positive attitude, throughout our Sports Education module

			<ul style="list-style-type: none">• completed your assessment by the end of Term 1 2021	<ul style="list-style-type: none">• completed your assessment by the end of Term 1 2021
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