



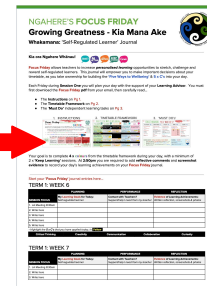
# Focus Friday: Here's an overview of what to do...

Term 1: **Week 6**



Forest Whānau teachers extend their best wishes to you for your first 'Focus Friday'. You will need to make **important decisions** about your own **Curriculum Timetable**, as you take ownership for building the '**Five Ways to Wellbeing**' into your day.

1. Remember, it is your responsibility to plan your day in your **Focus Friday Journal** during Session One's **LA Meeting**. Our timetable guide is on Pg 2 and compulsory '**Must Do!**' learning tasks on Pg 3. You must aim to complete **4 x colours** during your day, with a minimum of 2 x '**Keep Learning**' sessions.
2. Spend **10 minutes** updating your **Focus Friday Journal** at **2:50pm**. This is located on your **LA's Google Classroom page**. 
3. Click to learn how to **locate & share** your '**Great Learner Evidence Website**'. New students are most welcome to pop downstairs for a tutorial with Miss Kindley S4 to learn how to post visual and written evidence onto their website. 



## YR 8, YR 9 & YR 10 STUDENTS - ADD EVIDENCE TO **STAGE TWO** OF YOUR 'GREAT LEARNER EVIDENCE WEBSITE'

CHOOSE **2** TO ADD TO YOUR WEBSITE

### Stage 2: Learning to Learn 'Ako' Feedback

- "I use feedback to take my next learning steps."

Take a screenshot of some feedback that a teacher has given you over lockdown. Then take another photo of how you have applied this feedback to improve your work! **Add this to your evidence website.**

### Stage 2: Compassion 'Awhinatanga' Resilient Mindset

- "I understand that mistakes & challenges are essential for learning."

Show us your **trick shot!** Trick shots take **time & patience**. You learn as you work through the process. Show a video trick shot either when successful or somewhere in the learning process: **explain how you learnt from your mistakes.**

### Stage 2: Lifelong learner 'Wānanga' GREAT Ako

- "I can explain my learning using GREAT Ako."

Take a **screenshot** of **Slide 6** from your SLC slideshow then add it to your website. Write a paragraph to explain your learning context from Term One. Make sure you use the words **EXPLORE, FOCUS, PLAN & DO** and **REFLECT**.

### Stage 2: Integrity 'Pono' Hauora

- "I make decisions and take actions that have a positive impact on my well-being/Hauora."

Take a photo of yourself completing your PE & Health workout to show its positive effect on your physical well-being. Add bullet points to clearly explain this on your 'Great Learner Evidence Website.'

### Stage 2: Compassion 'Awhinatanga' Culturally Connected

- "I support & participate in Tikanga Māori."

**Record yourself** performing the school 'Kia Mana Ake' **haka** (words & actions). You may choose to use screencastify to do this. Please embed the link onto your website.

Our best wishes for your 'Focus Friday' - Forest Whānau Staff 

Continued on next page...

20 x 'SEE READERS' DUE  
SUNDAY 14TH MARCH

# PAGE 2 FOREST'S FIVE WAYS TO WELLBEING:

You must fill in your LA's Journal at 2:50pm each day


Term 1: **Week 6**

Use this framework to help personalise your 'Focus Friday' timetable...

<p><b>'KEEP LEARNING'</b> Stimulate the Brain</p> <p><b>KEEP LEARNING</b> EMBRACE NEW EXPERIENCES. SEE OPPORTUNITIES. SURPRISE YOURSELF.</p>	<p><b>'KEEP LEARNING'</b> Stimulate the Brain</p> <p><b>KEEP LEARNING</b> EMBRACE NEW EXPERIENCES. SEE OPPORTUNITIES. SURPRISE YOURSELF.</p>	<p><b>'TAKE NOTICE'</b> Enjoy the Present Moment</p> <p><b>TAKE NOTICE</b> REMEMBER THE SIMPLE THINGS THAT GIVE YOU JOY</p>	<p><b>'CONNECT'</b> Strong Relationships</p> <p><b>CONNECT</b> THINK &amp; LISTEN, BE THERE, FEEL CONNECTED</p>	<p><b>'GIVE'</b> Acts of Kindness</p> <p><b>Give</b> Your time, your words, your presence</p>
<p>Following LA time ... 7F1 - Go to <b>F1</b> 7F2 - Go to <b>LFW</b> 8F1 - Go to <b>FS</b> 8F2 - Go to <b>F6</b></p> <p>Once 'Focus Friday' Journals are checked, start your <i>Self-Directed</i> tasks.</p> 	<p>Check your email appointments for your invitation to a 'Breakout' session in the Central Whānau. This is usually with small groups of students.</p> 	<p><b>PASSION PROJECTS</b> Must have a 'service', 'performance' or 'external' outcome, please.</p>		<p>8:30-9:30am: 'Learning Advisor Time' A strong <b>learning relationship</b> with your LA is key: targeting goals plus boosting resilience &amp; well-being. <b>Plan Your Day!</b> (Focus Friday Journal)</p>
<p>Session 2-5: 'Self-Directed Learner' Sharpening our reading skills... Reading Plus: 20 x SR's minimum &amp; all 8 x 'ticks' on the dashboard. <b>IBR &amp; BTA</b></p>	<p>9:35-10:35am: 'Numeracy Breakout' Sharpening my numeracy skills... Yr 7: Maths focus <b>ALI &amp; MKI in F3</b> Check emails for invite.</p>	<p>9:35-10:35am: 'GATE Breakout' Feel connected... • ICAS competition prep. <b>NIS in F1</b> • Marae Trip leadership <b>LDO in LFW</b></p>		<p>9:35-10:35am: 'Get moving!' Be Active... (<b>Self-Directed</b>) Yr 7 &amp; 8: Practice the haka with an Expert Buddy. <b>7qybtal</b></p> 



10:35am to 11:00am:

I N T E R V A L

<p>Session 2-5: 'Self-Directed Learner' Sharpening our maths skills... Maths Buddy: Complete all current &amp; overdue tasks aiming for 80%+. <b>HTI</b></p>	<p>11:00-12:00pm: 'Literacy Breakout' Sharpening my literacy skills... 8F1: Writing activity- 15m <b>NIS in F1</b> 8F2: 'Pop in' 4 writing help <b>JCL F4</b></p>	<p>11:00-12:00pm: 'Passions Breakout' Enjoy the things that bring you joy... <b>'CAMP SKIT'</b> 7F1+7F2: <b>MKI &amp; OYO in LFW</b></p> 	<p>11:00-12:00pm: 'GATE Breakout' Feel connected... <b>IBR in F3</b> Yr 8: <b>Science Fair</b> for those who wish to enter the school SF event.</p>	<p><b>'BE ACTIVE'</b> Increase Well-being</p> <p><b>BE ACTIVE</b> DO WHAT YOU CAN. ENJOY WHAT YOU DO. HAVE YOUR VOICE.</p>
<p>Session 2-5: 'Self-Directed Learner' Sharpening our curriculum skills... <b>'Must Do' Activities:</b> Complete your compulsory activities on Pg 3. <b>HTI</b></p>	<p>12:05-1:05pm: 'Spotlight Breakout' Sharpening my curriculum skills... Yr 8F2: Writing activity <b>NIS in F1</b> Yr 7F1: Library session <b>JCL in Library</b></p>	<p>12:05-1:05pm: 'Take Notice of Values' Great Learner Evidence Website... Learn how to add visual &amp; written evidence of Values to your website. <b>MKI LFW</b></p>		

1:05pm to 2:00pm:

L U N C H

<p>Session 2-5: 'Self-Directed Learner' Sharpening our curriculum skills... Education Perfect: Complete all current &amp; overdue tasks 80%+. <b>JCL</b></p>	<p>2:00-3:00pm: 'Numeracy Breakout' Sharpening your curriculum skills... Yr 8F1 &amp; 8F2: Maths focus for Group 3's please meet <b>MPH in F2</b></p>	<p>2:00-3:00pm: LA 'Must Do' Tasks Reflect to Connect... • Writing your <b>SMART Goal</b> (for your Holistic Report) • Posting a <b>SLC Reflection</b></p> 	<p>11:00-12:00pm: 'Get moving!' Be Active... 7F1: Health &amp; PE class. <b>Meet OYO in the GYM</b></p> 
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# FOREST WHANAU: YR 8 'MUST DO'S!'

You must fill in your  
LJ's Journal at 2:45pm  
each day

Term 1: Week 6

PE & HEALTH - HTI	GLOBAL STUDIES- LDO/EST	ENGLISH - NIS	MATHS- MPH	SCIENCE - IBR		
No 'Must Do's' this week.	No 'Must Do's' this week.	<b>Digital Platforms:</b> Complete <b>8x</b> 'ticks' on <b>Reading Plus</b>	<b>Digital Platforms:</b> Must complete overdue <b>Maths Buddy</b> tasks: <table border="1" data-bbox="1180 361 1493 727"> <tr> <td> <b>8F1:</b>            Sophia            Tayla            Aqueel            Jason            George            Betty            Haylee            Rebecca            Racheal            Mania            Roman T            Zsahara            Faustine         </td> <td> <b>8F2:</b>            Amanda            Mannat            Allen            Leily            Alexander            Tiffany            Riya            Shania            Jasmeet            Jaden            Gurpreet            Udayveer            Jianxin         </td> </tr> </table>	<b>8F1:</b> Sophia Tayla Aqueel Jason George Betty Haylee Rebecca Racheal Mania Roman T Zsahara Faustine	<b>8F2:</b> Amanda Mannat Allen Leily Alexander Tiffany Riya Shania Jasmeet Jaden Gurpreet Udayveer Jianxin	<b>Digital Platforms:</b> Complete all assigned & outstanding <b>Education Perfect</b> tasks
<b>8F1:</b> Sophia Tayla Aqueel Jason George Betty Haylee Rebecca Racheal Mania Roman T Zsahara Faustine	<b>8F2:</b> Amanda Mannat Allen Leily Alexander Tiffany Riya Shania Jasmeet Jaden Gurpreet Udayveer Jianxin					

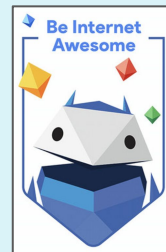
## LEARNING ADVISOR - JOURNAL, REFLECTIONS & EVIDENCE WEBSITE

1. Spend **10 minutes** updating your '**Focus Friday**' Journal at **2:50pm** every day. This is located on your Learning Advisor's **Google Classroom** page ('Focus Friday' folder).
2. Please ensure you have completed your **SMART goal** paragraph & **SLC Reflection** onto our **FWhanau21** page of MH Online.
3. Add 2 pieces of evidence to your '**Great Learner Evidence Website**'. Here's our **short video** reminder of how to do this....

## eLEARNING - ePASSPORT

Click on the **eLearning** tab of your class **Google Classroom** page.

Complete the five **Interland certificates** - go to **Page 4** of this doc for instructions...



# 2021 ePassport Activities



You can start our ePassport by setting up your own 2021 subject folders on your MHJC **Google Drive**. Please name an extra folder **ePassport Evidence**.

You can play **Interland Online Games** to start earning your five **cybersafety certificates**.


Remember to take screenshots of any **Interland certificates** you earn.

File these screenshots in a folder on **Google Drive** called **ePassport Evidence**.

You can start locating & taking screenshots of evidence for any level of this rubric...

We have already collected your signed **CyberSafety form** during your 'Admin Day' visit.



	Bronze	Silver	Gold	Platinum
Organisation	Created Google Drive class folders for the current year	Google Drive is kept tidy over a year; files are named and organised into each class folder	Google Drive is kept tidy over 2 years; files are named and organised into each class folder, including archiving previous years' files	Demonstrated the knowledge of using Google Takeout to pack up personal Google Suite content accumulated during the time at MHJC
Cybersafety 	Understood and signed the <a href="#">Cybersafety agreement</a>	Completed Interland, gained all five certificates and have completed the Cybersafety quiz	Consistently adhered to the Cybersafety agreement and the principles learned from Interland for over a year	Role-modelled for others the best practice of <a href="#">Cybersafety</a> and contributed to the overall Cybersafety in the MHJC community
Digital Capability	Shown the ability to navigate Mission Heights Online; e.g. view eReports, course pages, timetable, submit assignment, etc.  Shown the ability operate these applications on Google Suite: <ul style="list-style-type: none"> <li>• G-Docs</li> <li>• G-Slides</li> <li>• G-Mail</li> <li>• G-Calendar</li> <li>• Google Classroom</li> </ul>	Shown the ability to operate these applications on Google Suite: <ul style="list-style-type: none"> <li>• G-Sheets</li> <li>• G-Forms</li> <li>• G-Sites</li> <li>• G-Meet</li> </ul>	Shown the confidence to use a wide range of digital tools to create, share and communicate learning	Shown mastery to use a wide range of advanced digital tools to create, share, communicate learning as well as interactive content
Digital Citizenship	Demonstrated the appropriate use of device during learning time; e.g. LineWize usage report	Regularly used school email to communicate with other students and teachers in an appropriate manner	Adopted a balanced approach to screen time and healthy sleep routines	Established a track record of building positive partnerships online, evident through collaborative work and digital communication