

What outdoor activity did I participate in?

The outdoor activity which I participated in Capture the Flag in Tane.

What responsible behaviors did I demonstrate?

- Compliance with instructions
- Teamwork

Compliance with instructions

I demonstrated compliance with instructions by following the instructions that were given before and after we entered Tane. For example, we were told that we were only allowed to hide the flag on the ground, not high up in a tree. We were also told to stay within the boundaries of the forest area. This had an effect on physical safety as it means that I won't suffer from any injuries from falling off the trees. Also by staying within the boundaries, I am making sure that I am not getting lost in the forest area. This also has an impact on emotional safety because I was confident to walk around the forest as I knew exactly where I was going. If I walked into a more foreign area, I would have gotten lost and be less confident.

Teamwork

I demonstrated teamwork by staying with my team and working together to rip the tags off of the enemy. For example, when our team had an encounter with the enemy team, I worked together with other members of my team to rip of the tags of two people. Because we were working together, we could attack from many different angles thus making it a lot easier to get the tags. This had an impact on emotional safety because by working as a team, we were all more confident and trusted in each other, making the job much easier. This also had an impact on physical safety as we stayed together and had each others backs which in turn prevented some people from wandering off and possibly getting lost. This also prevents the risk of being injured by getting attacked from behind. Sometimes people may be playing too recklessly resulting in injuries to others, whilst attacking them from behind.